

Club	Division
Aberaeron	1 West
Aberavon	SRC
Aberavon Green Stars	1 West Central
Aberavon Quins	1 West Central
Abercarn	1 East
Abercrave	Championship West
Abercwmboi	1 East Central
Abercynon	1 East Central
Aberdare	Championship East
Abergavenny	2 East
Abergele	2 North
Abersychan	5 East
Abertillery BG	1 East
Abertysswg	5 East
Aberystwyth	Championship West
Amman United	3 West
Ammanford	Championship West
Baglan	4 West Central
Bala	1 North
Bala Athletic	3 North West
Bangor	2 North
Banwen	4 West Central
Bargoed	WRU Premiership
Bargoed Athletic	4 East
Barry	2 East Central
Beaufort	6 East
Beddau	WRU Premiership
Beddau Athletic	5 East Central
Bedlinog	1 East
Bedwas	WRU Premiership
Bedwellty	4 East
Bethesda	1 North
Bethesda Athletic	3 North West
Bettws	5 East
Betws	4 West B
Birchgrove	3 West Central
Blackwood	1 East
Blackwood Stars	4 East
Blaenavon	6 East
Blaina	Championship East
Bonymaen	WRU Premiership
Bonymaen Athletic	3 West Central
Brackla	5 East Central
Brecon	Championship West
Brecon Athletic	4 East Central

Club	Division
Bridgend	SRC
Bridgend Athletic	Championship East
Bridgend Athletic II	6 East Central
Bridgend Sports Athletic	5 West Central
Briton Ferry	4 West Central
Bro Ffestiniog	2 North
Bro Gwernant	3 North East
Brynamman	2 West Central
Bryncethin	3 West Central
Bryncoch	2 West Central
Brynithel	5 East
Brynmawr	1 East
Builth Wells	1 West Central
Burry Port	Championship West
Burry Port Athletic	5 West Central
Bynea	4 West B
Caerau Ely	5 East Central
Caerleon	3 East
Caernarfon	1 North
Caernarfon Athletic	3 North West
Caerphilly	1 East Central
Caldicot	2 East
Cambrian Welfare	1 East Central
Canton	4 East Central
Cardiff	SRC
Cardiff Met	Championship East
Cardiff Met Athletic	4 East Central
Cardiff Quins	2 East Central
Cardiff Saracens	6 East Central
Cardigan	3 West
Carmarthen Athletic	1 West
Carmarthen Quins	SRC
Cefn Coed	5 East Central
Cefn Cribwr	4 West Central
Cefneithin	4 West B
Chepstow	3 East
Cilfynydd	3 East Central
COBRA	1 North
COBRA Athletic	3 North East
Colwyn Bay	2 North
Colwyn Bay Athletic	3 North West
Cowbridge	2 East Central
CRC Caerdydd	1 East Central
CRC Caerdydd Athletic	6 East Central
Crickhowell	4 East

Club	Division
Croesyceiliog	2 East
Cross Keys	WRU Premiership
Crumlin	4 East
Crymych	1 West
Crynant	4 West Central
Cwmafan	2 West Central
Cwmbran	2 East
Cwmcarn United	6 East
Cwmgors	4 West Central
Cwmgwrach	4 West Central
Cwmllynfell	5 West Central
Cwmtwrch	5 West Central
Deri	3 East
Dinas Powys	3 East Central
Dinbych Athletic	3 North East
Dolgellau	2 North
Dowlais	1 East Central
Dreigiau Emlyn	4 West A
Dunvant	Championship West
Dunvant Athletic	5 West Central
Ebbw Vale	SRC
Fairwater	3 East Central
Fall Bay	4 West B
Felinfoel	1 West
Ferndale	3 East Central
Fishguard	2 West
Fleur De Lys	3 East
Flint	3 North East
Forgeside	6 East
Furnace United	4 West B
Garndiffaith	3 East
Gilfach Goch	4 East Central
Girling	6 East
Glais	5 West Central
Glamorgan Wanderers	Championship East
Glyncoch	5 East Central
Glyncorrwg	5 West Central
Glynneath	Championship West
Gorseinon	1 West
Gowerton	Championship West
Gwernyfed	2 East
Hafodyrynys	5 East
Hartridge	6 East
Haverfordwest	2 West
Heol y Cyw	1 West Central

Club	Division
Hirwaun	6 East
Hollybush	5 East
Kenfig Hill	Championship West
Kenfig Hill Athletic	6 East Central
Kidwelly	2 West
Lampeter Town	1 West
Laugharne	2 West
Llandaff	2 East Central
Llandaff North	5 East Central
Llandeilo	3 West
Llandovery	SRC
Llandrindod Wells	5 East Central
Llandudno	1 North
Llandybie	4 West B
Llanelli Wanderers	WRU Premiership
Llangadog	3 West
Llangefni	1 North
Llangefni Athletic	3 North West
Llangennech	WRU Premiership
Llangwm	4 West A
Llanharan	Championship East
Llanhilleth	4 East
Llanidloes	3 North East
Llanishen	1 East Central
Llanrumney	6 East Central
Llantrisant	2 East Central
Llantwit Fardre	2 East Central
Llantwit Major	3 East Central
Llanybydder	4 West A
Loughor	2 West
Machen	3 East
Machynlleth	2 North
Maesteg	3 West Central
Maesteg Celtic	3 West Central
Maesteg Quins	2 West Central
Magor	6 East
Menai Bridge	3 North West
Merthyr	WRU Premiership
Milford Haven	3 West
Mold	1 North
Mold Athletic	3 North East
Monmouth	1 East
Morrison	2 West Central
Mountain Ash	Championship East
Mumbles	2 West Central

Club	Division
Nant Conwy	1 North
Nantgaredig	2 West
Nantyllyn	1 West Central
Nantyglo	2 East
Nantymoel	4 West Central
Narberth	WRU Premiership
Narberth Athletic	4 West A
Neath	WRU Premiership
Neath Athletic	1 West Central
Nelson	1 East
New Dock Stars	2 West
New Panteg	3 East
New Tredegar	5 East
Newbridge	WRU Premiership
Newcastle Emlyn	Championship West
Newport	SRC
Newport HSOB	1 East
Newport Saracens	2 East
Newtown	1 North
Newtown Athletic	3 North East
Neyland	3 West
Oakdale	4 East
Ogmore Vale	4 East Central
Old Illtydians	4 East Central
Old Penarthians	5 East Central
Old Tyleryan	6 East
Pantyllyn	4 West B
Pembroke	4 West A
Pembroke Dock Quins	4 West A
Penallta	Championship East
Penallta Athletic	5 East
Penarth	1 East Central
Penclawdd	2 West
Pencoed	2 West Central
Penlan	4 West Central
Pentyrch	2 East Central
Penybanc	4 West B
Penygraig	3 East Central
Pill Harriers	2 East
Pontardawe	4 West Central
Pontarddulais	2 West
Pontllanfraith	4 East
Pontrhydyfen	5 West Central
Pontyates	4 West B
Pontyberem	3 West

Club	Division
Pontyclun	3 East Central
Pontycymmer	4 East Central
Pontypool	SRC
Pontypool United	2 East
Pontypridd	WRU Premiership
Porth Harlequins	2 East Central
Porthcawl	2 West Central
Porthmadog	3 North West
Pwllheli	1 North
Pwllheli Athletic	3 North West
Pyle	5 West Central
Resolven	3 West Central
RGC	SRC
Rhigos	3 West Central
Rhiwbina	3 East Central
Rhosllanerchrugog	3 North East
Rhydyfelin	2 East Central
Rhyl & District	2 North
Rhyl & District Ath	3 North West
Rhymney	1 East
Risca	4 East
RTB Ebbw Vale	3 East
Rumney	Championship East
Rumney Athletic	6 East Central
Ruthin	1 North
Ruthin Athletic	3 North East
Senghenydd	3 East
Seven Sisters	3 West Central
Shotton Steel	3 North East
Skewen	1 West Central
South Gower	2 West Central
St Albans	1 East Central
St Clears	1 West
St Davids	4 West A
St Josephs	Championship East
St Julians HSOB	5 East
St Peters	Championship East
St Peters Athletic	6 East Central
Sully Sports	6 East Central
Swansea	SRC
Swansea Uplands	1 West
Taffs Well	3 East Central
Taibach	5 West Central
Talywain	Championship East
Tata Steel	Championship West

Club	Division
Teirw Crymych	4 West A
Teirw Nant	2 North
Tenby Athletic	4 West A
Tenby United	1 West
Tondu	Championship West
Tondu Athletic	5 East Central
Tonmawr	3 West Central
Tonna	3 West Central
Tonyrefail	4 East Central
Trebanos	Championship West
Tredegar Ironsides	4 East
Tref y Clawdd	5 East Central
Tregaron	4 West B
Treharris	4 East Central
Treherbert	6 East Central
Treorchy	Championship East
Trimsaran	3 West
Trinant	5 East
Tumble	3 West
Tycroes	2 West
Tylorstown	3 East Central
Usk	2 East
Vardre	2 West Central
Wattstown	1 East Central
Waunarlwydd	1 West Central
Welshpool	2 North
Whitchurch	6 East Central
Whitheads	3 East
Whitland	3 West
Wrexham	1 North
Wrexham Athletic	2 North
Ynysddu	1 East
Ynysowen	4 East Central
Ynysybwl	2 East Central
Yr Hendy	1 West
Ystalyfera	1 West Central
Ystrad Rhondda	WRU Premiership
Ystradgynlais	1 West Central